



DESCRIPTION

When you get home from school, all you want is a simple snack, right? Well these banana muffins are a great way to restore energy after a long day!

INGREDIENTS

- 4 stalks of celery
- 1 package spreadable cream cheese
- 1 cup dried cranberries and your favorite toppings

TOOLS

- knife
- serving plate

DIRECTIONS

1. Wash and dry 3-4 celery ribs. Cut off and throw away the ends. Spread the cream cheese in the “valleys” of each piece of celery.
2. Put your “ants” on top. For some variety, they could be: chopped dried apricots, small pieces of sliced banana, small cubes of crunchy apple, chopped almonds, etc... Be creative!
3. Cut each long piece of stuffed celery into 3-inch logs and serve on a small platter.