



DESCRIPTION

Pears are delicious and nutritious! Watch Chef Kate Honeyman show you how to turn your favorite fruit into a quick and tasty sweet treat.

INGREDIENTS

- 2 tbsp lemon juice
- 6 pears, peeled and cored
- 2 to 4 tbsp. sugar
- whipped cream (optional)

TOOLS

- 2-quart baking dish

DIRECTIONS

1. Preheat the oven to 375°.
2. In a 2-quart baking dish, combine the lemon juice with enough water to cover the bottom. Add the pears, cover, and bake for 20 to 25 minutes, or until tender.
3. Remove from the oven. Uncover and sprinkle each pear with 1 to 2 teaspoons sugar. Bake, uncovered, for 10 minutes longer to glaze.
4. Serve warm or chilled. Top with whipped cream, if desired.