



## DESCRIPTION

It's always a party in Carrie's kitchen! Come join the fiesta and make some lip-smackin' breakfast food! Carrie shows us a perfect meal for kids that are always on the go! It's so good you'll never want to skip breakfast!

## INGREDIENTS

- 1 package of your favorite tortillas
- butter to cook with
- eggs
- cheddar cheese
- bacon or sausage
- favorite veggies
- salsa
- cream cheese
- tomato

## TOOLS

- non-stick skillet
- fry pan
- grater
- knife
- spatula

## DIRECTIONS

1. The first thing we have to do is choose our fillings.
2. Now take your egg and crack it into your bowl...make sure you don't get any egg shells mixed in with your egg. Now take your fork and beat the egg until the yolk and the whites are mixed together. It should look creamy yellow.
3. Have an adult turn on a stove burner and place a frying pan on the heat. Add 1 pat of butter to the pan and let it melt.
4. As soon as the butter is melted, you can pour your egg into the pan. Now make sure that you use a spatula to scramble your egg so that you don't scratch your parent's sauté pan. Keep scrambling until the egg is no longer runny.
5. Cook up some bacon and a link of sausage. You don't need to use oil or butter to cook bacon because it has fat on it which will melt when it gets hot.
6. Take a tortilla and lay it out on a paper towel or cutting board. Scoop your ingredients onto your tortilla and spread them out evenly. Now fold over your top and bottom edges of your tortilla...so they meet in the middle. Now roll the long edge of your tortilla up until it meets the opposite edge. Now wrap it in a napkin and you are ready to go!