



DESCRIPTION

There's nothing better than a valentine you can eat! So grab your ingredients and get ready to prepare some scrumptious Heart Jiggles!

INGREDIENTS

- 4 packets of unflavored gelatin
- 4 cups grape juice or cranberry juice cocktail

TOOLS

- large bowl
- spoon
- saucepan
- square pan
- spatula
- heart-shaped cookie cutter
- serving platter

DIRECTIONS

1. Place one cup of your juice into a large bowl.
2. Slowly pour in four packets of gelatin and stir with a spoon until it completely dissolves. Set it aside and let the mixture set for a few minutes.
3. Pour the rest of your juice into a sauce pan. Heat it on the stove over medium high heat until it just begins to boil. Stir it a bit with your spoon when it does.
4. Slowly pour your warmed juice into the bowl with your mixture and stir it in.
5. Slowly pour the mixture into a square pan and place it into the refrigerator to chill for at least three hours so it completely sets.
6. Remove your now-solid mixture from the refrigerator. It should jiggle like Jell-O now. Use your heart-shaped cookie cutter to cut your shapes out of the Jell-O. Press the cutter all the way down to the bottom of the pan and scoop it out with a spatula, keeping the cut-out shape inside. Place it onto a serving platter and lift your cutter straight up to reveal a heart jiggle! Cut out as many heart shapes as you can from the pan and serve up for friends!