



# COOKING

## COLD WEATHER: HOT CHOCOLATE

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### DESCRIPTION

On cold winter days, you need something that will really warm up your spirits and nothing does that better than a cup of hot cocoa! Toast your taste buds with this delicious chocolate concoction.

### INGREDIENTS

- 1/2 cup sugar
- 1/4 cup unsweetened cocoa
- dash of salt
- 1/3 cup hot water
- 4 cups milk
- 3/4 teaspoon vanilla extract
- whipped cream

### TOOLS

- whisk
- medium saucepan
- rotary beater
- ladle
- spoon
- mug

### DIRECTIONS

1. Whisk together cocoa powder, salt and sugar in medium saucepan.
2. Add water. Cook this mixture over medium heat, stirring constantly, until mixture comes to a boil for 2 minutes.
3. Reduce temperature to a medium low. Add milk, stirring constantly. Heat it to serving temperature. Do not boil, or you will get a skin from the milk. If this happens, just remove the skin.
4. Add vanilla.
5. Beat with rotary beater or whisk until foamy.
6. Ladle some hot cocoa into a mug.
7. Spoon in some whipped cream, and it's ready to drink!

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Did you know there's a free web video for this activity with step-by-step instructions?  
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