



DESCRIPTION

Cooking healthy can be awesome! Join host Carrie Shankweiler in her kitchen as she shows you how to make a Florida Orange Juice Dressing! It's so delicious, salad is sure to become your new favorite food!

MATERIALS

- 1/3 cup honey
- 1/3 cup orange juice
- 1/4 cup Dijon mustard
- 2-3 tbsp. high-quality olive oil
- Mixed salad greens

TOOLS

- Bowls
- Whisk
- Funnel
- Pitcher

DIRECTIONS

1. In a bowl, combine your orange juice, olive oil, honey, and Dijon mustard.
2. Whisk everything together until it's completely blended.
3. Pour your dressing through a funnel into a small pitcher.
4. Serve over salad greens and enjoy!