



COOKING

YOGURT, BANANA & GRANOLA

www.activitytv.com

DESCRIPTION

On your mark, get set, COOK! Watch as Carrie and her friends take an after school standard to a whole new level. With only 15 minutes and 3 ingredients, will the A-TV kids have enough time to make something new?!

INGREDIENTS

- 1 banana
- 1 container of yogurt
- 1 cup of granola

DIRECTIONS

1. For today's snack challenge, I have 3 ingredients that you have to use, a banana, a yogurt, and some Granola. You are going to have to use your imagination to come up with some creative ways to use these ingredients to create a new snack.
2. You may use any other ingredients you have in your pantry or refrigerator that would make your snack more delicious and maybe even more nutritious.
3. You may use the stove, oven, microwave, toaster, blender, or any other kitchen tool as long as you are working along side of an adult.
4. You have 15 minutes and that's it! Use 3 minutes to brainstorm your ideas. You need to have your snack prepared, your area cleaned and your snack plated and presentable all within 15 minutes.