



SUMMER FUN

FROZEN S'MORES

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DESCRIPTION

Want to learn how to make a cool twist on a summer camp favorite? Then join chef Ralph Pallarino as he shows you how to make some awesome Frozen Surprise S'Mores!

INGREDIENTS

- 1 (4 serving) package of instant chocolate pudding and pie filling
- 1 1/2 cups skim milk
- 1/2 cup peanut butter
- 1 pound box graham crackers
- 1 (8 ounce) container fat-free frozen whipped topping, thawed

TOOLS

- baking sheet
- bowl
- whisk

DIRECTIONS

1. Divide graham crackers in half - 2 pieces together - and lay on baking sheet.
2. In a bowl, whisk together the pudding, milk, and peanut butter.
3. Spread the pudding mixture on half of the graham crackers, and top with the whipped topping.
4. With the other half of the graham crackers, press down gently to form a sandwich.
5. Put the whole baking sheet in the freezer and freeze for about 3 hours.